

Profilo: Comprehensive Information Sheet

Profilo is a pure HA gel used as an injectable moisturiser, and as a collagen and elastin stimulant and remodelling agent for the underlying fat and tissue matrix.

Procedure Details:

Injection of Profilo is a minimally invasive procedure that usually does not require anaesthesia. However, a topical anaesthetic cream may be applied to the treatment area before the injections to minimise discomfort.

Although the quantity of Profilo administered varies depending on the treatment area and individual patient needs, each treatment typically involves two initial sessions 4-6 weeks apart. This is an ongoing treatment with top ups 3-6 monthly.

Pain during the procedure is generally mild and well-tolerated by most patients.

Possible outcomes

It takes several treatments for outcomes to become noticeable. In the short term, patients can expect improved skin hydration, enhanced skin texture, and a subtle reduction in fine lines and wrinkles. The treatment aims to provide a natural, refreshed appearance.

Over time, as the production of collagen and elastin is stimulated, patients may notice continued improvement in skin quality and elasticity, leading to long-lasting results.

Risks and complications:

Risks include swelling, redness, bleeding, bruising, mild pain, or tenderness at the injection sites. These are usually mild and temporary, generally within the first 48 hours after the treatment. These reactions are to be expected and usually resolve spontaneously and improve day by day.

Profilo has a lower rate of side effects (including less bruising) compared to fillers. There are also lower rates of prolonged inflammation, lumps, granulomas, and blindness or blocking of blood vessels, due to the absence of cross links and the fluid nature of the thermally treated HA.

It is essential that you report any unusual or persistent symptoms to us or to your Practitioner.

In the short term, there may be a need for treatment if the patient experiences an allergic reaction or hypersensitivity. This could include the administration of an antihistamine, corticosteroids, or, in severe cases, adrenaline for anaphylaxis.

Patient-specific risks

Patients with specific comorbidities, allergies, or a history of autoimmune diseases should inform me before the procedure. This information is crucial for assessing the patient's suitability and mitigating potential risks.

Recovery and Care Requirements

Most patients can return to their normal activities immediately after the procedure. As noted above, swelling and redness are common but usually subside within a few days.

Advice about how to take care of yourself after a procedure can be found in the *Aftercare Instructions Information Sheet*.

About Dr SIMONE DOREIAN

Dr SIMONE DOREIAN is one of Australia's leading cosmetic doctors in Aesthetic medicine. Dr Doreian is an internationally recognised expert, key opinion and thought leader, practicing in Aesthetic Medicine since 2004.

Dr Doreian holds a Specialty Fellowship with the Royal Australian College of General Practitioners, a fellowship with the Cosmetic Physicians College of Australasia, a diploma with Royal Australian College of Gynaecologists and Obstetricians, and has a background in anaesthetics at the Alfred Hospital Melbourne. As such Dr Simone is well placed to share her understanding of the art of medical consultation, assessment, anatomy, procedural safety and communication skills with various industry bodies.

Dr Simone is frequently invited to share her knowledge and expertise in achieving outstanding patient results, teaching aesthetics, anatomy and safe practice at Medical congresses around the world. She holds positions as

- Global Key Opinion Leader and trainer for Galderma
- Key opinion leader for Aesthetic Medicine World Congress (AMWC) annually in Montecarlo, Monaco
- Anatomy for Injectors (AFI) Faculty Member (Australian Society Aesthetic Plastic Surgeons)
- International speaker at various global congresses AMWC, ASCD, Aesthetics AU, NSS ASAPS